Implementing Undercover Operations

PROCEDURES TO ENHANCE SUCCESSFUL SIU INVESTIGATIONS

Implementing Undercover Operations

Howard Levinson, DC, CFE, AHFI, CPC

Clinical Director Fraud Investigations- WellPoint SIU

Certified Fraud Examiner

Accredited Healthcare Fraud Investigator

Diplomate American Board Forensic Professionals

Certified Professional Coder

Dan Bowerman, DC, FACO, CPC

Medical Director/Chiropractic-Independence Blue Cross

Diplomate American Board of Chiropractic Orthopedics

Diplomate American Board Chiropractic Consultants

Diplomate American Board of Quality Assurance & Utilization Review Physicians

Diplomate American Board Forensic Professionals

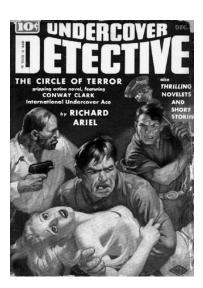
Certified Professional Coder

Implementing Undercover Operations

DISCLAIMER

This training module consist of the personal opinions and views of the presenter(s), based on their knowledge, experience and training. This material is designed to assist in the educational process and should not be considered as having the endorsement of any governmental agency, payor, managed care organization, healthcare provider or professional society. No allegation of misconduct, fraud or abuse by identified devices, equipment manufacturers, providers or companies should be inferred and none is intended.

Undercover SIU - Nothing Quite so Exciting



Pre-Planning for Undercover Operations

- ☐ Undercover Operations Policy/Procedures

 Appropriate Management/Legal approval
- ☐ Identify prohibited procedures in UC investigation X-rays-Two per year ? (Avoid when possible) MRI-no radiation, CT- (Avoid when possible) NO-NO's
 - Body Fluid Draws blood
 - · Injections
 - Experimental or Unknown Invasive Procedures
 - · Intrusive Body Cavity Exams
 - · Dental Extractions
 - · Any invasive procedures

SIU UC OPERATION GUIDELINES LEGALESE....

The use of the undercover technique is a useful tool in the detection, prevention, and prosecution of healthcare fraud. These techniques inherently involve an element of deception..... and so should be carefully considered and monitored.

DEFINITIONS
GENERAL AUTHORITY
APPROVAL STANDARDS
MONITORING/ CONTROL OF UC OPERATIONS
FINANCIAL CONCERNS
REPORTING

SPECIAL INVESTIGATIONS UNIT UNDERCOVER OPERATION GUIDELINES LEGALESE....

DEFINITIONS:

- **A.** "Undercover Activities" means any investigative activity involving the use of an assumed name or cover identity.
- **B.** "Undercover Operation" means an investigation which may involve a series of related undercover activities over a period of time by an undercover operative
- **C.** "Undercover Operative" means an employee of this company assigned to the SIU.
- **D.** "Cooperating Individual" means a person acting under the direction of an investigator within this company's SIU unit.

AND MORE UC LEGALESE....

General Approval Standards: Any manager or director of an SIU considering approval or authorization of a proposed undercover application shall weigh the risks and benefits of the operation, giving careful consideration to the following factors:

- (1) The risk of personal injury to individuals, property damage, financial loss to persons or businesses, damage to reputation, or other harm to the undercover operative. Under no circumstances will the undercover operative be allowed to undergo any services involving invasive procedures (puncturing/insertion of the skin), or procedures involving the ingestion of any substances.
- (2) And so on

IMPLEMENTING UNDERCOVER OPERATIONS

Define the objective of the Undercover Operation

- Verify allegations of fraud/abuse
- First hand witness
- Identify perpetrators
- · Identify potential informants

IMPLEMENTING UNDERCOVER OPERATIONS

- Set Up UC Account
- Assign Personnel
- Undercover Investigator
- Case Investigator

Setting up the UC Account

- Define the benefit structure required for the provider/specialty.
- Chiropractor, Acupuncturist, Internist, Physical Therapist
- Cognizant of Co-Pays and cash to pay if required.

Setting Up the UC Account

- SIU Point of Contact works with POC in Membership
- Membership department creates a false employer group/group no.
- Entered into the membership system like any other employer group
- · UC is just another employee
- There must be nothing that indicates the group is fictitious
- Calls to customer service are handled normally

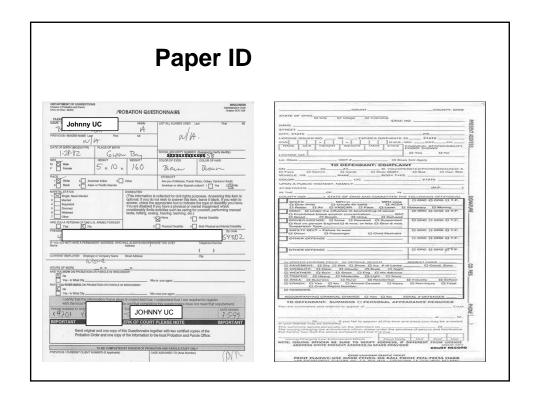
Setting Up the UC Account

- SIU POC checks claims system periodically
- · Claims are processed normally
- Payments made to provider
- EOB's are sent to UC address

Par vs. Non-par: Payments to the UC

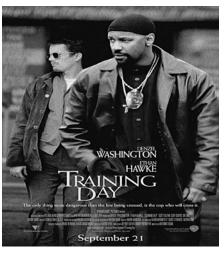
UCID

- Fictitious Identity
 - Consider including your first or last name
 - DOB, near your actual dob.
 - Familiar job-boring if possible
 - SSN's not necessary
 - · Consider UPS / Mail Box etc. address
 - Fictitious Email account
- Create work photo ID with UC name and employer
- Consider bogus paper ID in lieu of drivers license e.g.) Traffic Ticket, court papers



Who should work UC?





Who Should work UC?

- SIU investigator with Law Enforcement UC background.
 - www.undercover.org.....www.traincops.com
- Knowledge of case and target
- · Cognizant of the case specifics
 - (e.g.) Internist E/M upcoder need to be familiar with basic coding requirements
 - (e.g.) Hard coding-Treatment Recipe everyone gets the same treatment irrespective of complaints, age, other health issues

Who Should work UC?

UC should be relatively healthy

- Glib, versatile, adaptable
- Handles stressful situations well
- Knowledge of applicable search/seizure law
- Familiar/willing/able/experienced in courtroom procedures

UNDERCOVER PATIENT

UC Patient Profile

Presenting symptoms in sync with your investigative target.

PCP (EM upcoder): No Symptoms, Going for a Well Check up

Physical Therapist/Chiropractor (upcoding, services not rendered): <u>Mild_symptoms</u> or possibly <u>No_symptoms</u>

UC Patient Profile-Symptoms

- Often irrelevant to the fraudster provider.
- UC may report mild or no symptoms
- Yet the records reflect multiple symptoms, pain, restriction of activities etc. (Fabricated records, diagnoses)
- Most of the time symptoms are a necessary element for the investigation.

UC Patient Profile-Symptoms

Chiropractic and PT cases: Convenient area for treatment is the upper back. Complaints in the shoulder blades/ thoracic spine.

Example- Stiffness between shoulders, no radiating pain, no pain with breathing/coughing/sneezing – no history of injury

- Too much stress
- Too many hours at the computer
- •Too much housework, painting, cleaning garage

UC Patient Profile-Symptoms

Neck (cervical spine) Symptoms-

Example -"Mild neck stiffness", Avoid indicating significant restriction in movement or radiation of pain down arms. Deny tingling, numbness, burning sensation. No pain cough/sneeze. (Computer, reading, painting ceilings, cleaning shelving etc.)

Occasional catastrophic outcomes have been reported such as stroke during/after neck manipulation. The scientific evidence is inconclusive that a direct and causal link can be made between manipulation and these injuries.

This potential adverse outcome does warrant consideration as to whether or not to allow treatment in these regions.

UC Patient Profile-Symptoms

Low back (lumbar spine) symptoms-

Example- "Mild back stiffness" Avoid indicating significant restriction in movement or radiation down leg(s). Deny tingling, numbness, burning sensation. No pain on cough/sneeze. (feel it coming on, can't swing golf club as far, driving long distance, bad chair at work)

Occasional catastrophic outcomes have been reported such as an acute disc herniation occurring during low back manipulation. The scientific evidence is inconclusive that a direct and causal link can be made between manipulation and these injuries. This potential adverse outcome does warrant consideration as to whether or not to allow treatment in these regions.

PRE-UC EXAMINATION?

Depends on the type of provider and specifics of case.



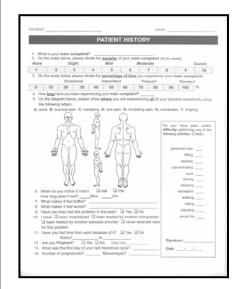


Patient Intake Forms

Be prepared

- · Practice filling out clinic intake documents before first visit
- Many practices offer on-line intake forms (copy before submitting)
- Social History S, M, W, D. Drink, smoke, work, hobbies etc.
- Family Medical History as close to yours as possible
- Medical History consistent with case, close to yours as possible
- Chief complaint requiring service by the provider
- Consistent with the provider's practice
- Research sites such as WebMD for information.
- Contact in-house consultants for expected exam procedures
- Practice answering questions, response to tests

ON-LINE PATIENT FORMS



N	EW PATIENTS' INFORMATION	N SHEET
Name (Cost)	PATIENT INFORMATION	N
Date of Birtle / / AC	E: See: LIM LIE Man	Last) ital Status: [] S [] M [] W [] D
Address: (Street)	(City, State, ZIP)	nan Status. [15 [] In [] In []D
Phone #: () Se	ocial Security #:	Drivers License #:
Employer's Address:		
Referring Physician:	If Studen	t, School Name:
RESPO	INSTRUCE PARTY OF SPOUSE IN	NORMATION .
Name:	Relationship to Patie	cul:
Address: (Street)	(City, State, ZIP)	
Phone #: () S	ocial Security #:	Drivers License #:
Work Phone #: ()	Employer:	
Employer's Address:		Phone #: ()
Address (Vessel)	with Yeu:	Phone #: ()
	INSURANCE INFORMATIO	ON .
Insurance Co:		Phone #; ()
Insurance Address:	Proteau v.	
Jeoup #:	Certificate or	I.D. #: [] Self [] Spouse [] Dependent Phone #: ()
roncy Holder:	Relationship to Patient:	[] Self [] Spouse [] Dependent
Insured's Employer:		Plsone #: ()
Intured's Social Security #	Data of Birth	Phone #: ()
	Date of Birth:	/_/_ Sex: [IM [IP
If the patient is covered by another insura	mot policy, please complete the following informations your claim more quickly. Thank you!	tion for evendination of benefits. This information
	INSURANCE INFORMATIO	N .
insurance Co:		Phone #; ()
Insurance Address:		
Jitoup #;	Certificate or	I.D. #:
Policy Holder;		[15cff [15pouse [1Dependent
nsured's Employer:		Phone #: ()
imployer's Address:		
nsured's Social Security #;	Date of Birth:	/_ /_ Sex[]M []F
	Kathed Clinic all of my rights title and interest	to my medical reimbursement benefits under my
	revoking and authorization. I understand that I are	a financially responsible for all charges whether or
neviance policy. I authorize the release- shell until written notice is given by one o not they are concred by assurance.	evaking and authorization. I understand that I are	s financially responsible for all charges whether or

INITIAL VISIT

 Electronic recording (compliance with your state law)

Audio

Pinhole camera

Body wire

- Memorize/notate what you see, pertinent times, involved persons, technology.
- Consider texting surveillance / yourself if opportunity exists

COVERT DEVICES





RECORDING ENCOUNTERS ALL PARTY CONSENT

California Michigan

Connecticut Montana

Delaware New Hampshire

Florida Pennsylvania

Illinois Washington

Maryland

Maine

Massachusetts

RECORDING ENCOUNTERS 1 PARTY CONSENT

Alaska Minnesota Rhode Island Arkansas Mississippi South Carolina Colorado Missouri South Dakota District of Columbia Nebraska Tennessee Georgia Nevada Texas Hawaii Utah New Jersey Idaho **New Mexico** Vermont Indiana New York Virginia Iowa North Carolina West Virginia Wisconsin North Dakota Kansas Kentucky Ohio Wyoming Louisiana Oklahoma

Oregon

If Wired or using Audio/Video

- Prior to entering clinic: Record preamble with true name, capacity of employment, date and time, name of expected target.
- Upon exiting Clinic: Date/Time/Name/Synopsis
- Immediately after recording, download onto a secure computer – or initial and date tape, seal and store in locked file.
- · Consider transcription for case file

INITIAL VISIT

- Discuss worst case scenarios with case investigator prior to 1st visit
 - You can always leave
 - · Consider surveillance on first few visits
- Sign in Sheet Remember your UC name, note other patient names.
- Let the provider do the talking

INITIAL VISIT

- Note sequence of events, times, who did what
- Staff names- titles, nurse "therapist"
- Pay attention to instructions:
 - given to staff given to you
- Remember your answers
- · Pick up brochures, marketing

.

The Initial Visit

History: Taken by Staff vs Provider

- •Why are you there? Referral, Yellow pages, website
- Symptom scrutiny

OPQRST: Onset, Provocative, Quality, Radiation, Severity, Timing

Past medical history, Family, Social History

The Initial Visit

PE - Physical Examination

- Vital Signs
- •Range of Motion
- •Reflexes, sensation
- Provocative Testing
- Palpation

Initial UC Patient Visit Demonstration

SYMPTOMS

Non specific – Vague

- No Neuro Involvement
- No radiating pain

No Trauma

Prolonged sitting

No real limitation of activities

Mid Back Lower Back

Neck

After the Visit

- Go somewhere and debrief.
- Immediately write down or record times, names, and activities, etc.
- Complete a detailed Investigative Activity Report ASAP
- Copy any documents obtained and give originals to case investigator for evidence preservation

CONTACT INFORMATION

Howard Levinson, DC,CFE, AHFI

Clinical Director-Fraud-SIU

WellPoint, Inc. 1831 Chestnut St. MP: MOM900-S020 St. Louis, Mo. 63103

Tel 314.923.6203 Fax 314.923.6125 Howard.levinson@wellpoint.com

Dan Bowerman DC AHFI CPC

Medical Director/Chiropractic

Independence Blue Cross 1901 Market St 30th Floor Philadelphia, PA 19103

Tel 215.241.4105 Fax 215.241.3893 Dan.Bowerman@ibc.com

Questions?



